

# CODE OF CONDUCT

- Access card: This is personal and must be registered on arrival. Members are not permitted under any circumstances to admit others to the center. Anyone doing so will incur a fee of NOK 1,500.
- It is strictly forbidden to bring in and/or consume alcohol or any other type of stimuli/steroids on Anti-Doping Norway's list of banned substances.
- Wear functional clothing and be considerate to others. Wear clean gym clothes, clean indoor, non-marking shoes, pants, tights or shorts that go down to the thigh and a t-shirt or singlet that covers up to armpits and has broad braces. Training in bare feet or topless is not permitted at Student Sports. Place outdoor shoes in the designated places.
- It is the member's responsibility to lock his/her property in a locker while training.
- We encourage the use of towels in the fitness center.
- All equipment must be returned to its original place after use. Clean strength training equipment, exercycles, fitness equipment and exercise mats using spray and paper towels after use.
- We reserve the right to exclude anyone who does not follow these rules. Please be considerate and contribute to creating a good and healthy training environment.